



The Jesus Gap

Week 2 - Simplicity

Discussion Guide

Life can be very complicated. However, Jesus led a very simple life and still managed to make the greatest impact on all of humanity. There is a gap between our idea of a productive and successful life and how Jesus actually lived.

1. Recall a time when something was described to you as simple but turned out to be very complicated.
2. How would you define simple? How would you define complicated?
3. **Read Mark 1:35.** The most important part of Jesus' lifestyle was taking time to be alone with God every day. This allowed Jesus to get direction and live a focused life. Does your schedule allow for time to be alone with God on a daily basis?
4. Another one of Jesus' simple qualities is that He knew when to say "no." Do you find it easy or hard to say "no" to things?
5. There are many good opportunities in life, but we need to stay connected to God so He can always show us the best opportunities. Is there something "good" in your life right now that you should cut out in order to have less stress or to make time for something better? (Further study: Proverbs 23:4, 25:16).
6. **Final Thought:** "Come to me, all who labor and are heavy laden, and I will give you rest" Matthew 11:28 (ESV). Jesus offers a better life for us, but we must choose to take hold of it. It's not enough just to think about it. Pick a consistent time. Find a quiet location. Get direction from God. Go live!