



God-Confidence

Discussion Guide

We live in a society that elevates self-confidence as a virtue, but what if self-confidence isn't really what we should be striving to attain? When we define our value by what God says about us, and not by what we say about ourselves or what others say about us, we can discover a confidence that is greater than any confidence we could muster on our own: a God-Confidence.

Jump Start

1. What is the bravest thing you've ever done?
2. *God-Confidence is better than self-confidence.* Read [Psalm 57:7](#); [Jeremiah 9:23-24](#); [2 Corinthians 10:12-13](#). How does Jeremiah 9:23-24 encourage us to put our confidence in the Lord and not in ourselves? How do the verses in 2 Corinthians remind us to compare ourselves only to God's plan in our lives and not to one another?
3. *God always helps us.* Read [Philippians 4:13](#), [Isaiah 41:10](#). What do these verses tell us about why we should have confidence in God? How does this type of confidence result in fearlessness and strength?
4. *God is always working on us.* Read [Philippians 1:6](#). How do you see God working on you? Read [Acts 28:24-28](#). What does the story of Apollos teach us about God's grace toward us as we learn and grow in Him?
5. Final Thought: Take a moment to reflect on some areas where you feel confident. Is your confidence rooted in self or God?

When we are self-confident:

- Our self-image is based on earthly values and comparing ourselves to others
- Our goal is to achieve our own purposes
- We aren't offering our best to God because we don't adequately perceive our need for Him
- We trust our outcomes to our own efforts

But when we are God-confident:

- Our self-image is shaped by how He sees us, not by how we see ourselves
- Our goal becomes alignment with His heart and purposes

- We give Him our best and we understand our need for Him
- We trust Him and we trust that He will do good things in and through us

“I say to the Lord, ‘You are my Lord; apart from you I have no good thing.’” Psalm 16:2 (NIV)

“So we can go confidently to the throne of God's kindness to receive mercy and find kindness, which will help us at the right time.” Hebrews 4:16 (GWT)

Deeper

6. There is an ongoing trend in our culture to play messages of self-empowerment on repeat, but when we hear over and over that we are strong, and brave, and capable (or any other good adjectives), we can paradoxically begin to feel defeated when we don't live up to those empowering messages. How do you feel you keep falling short?

Read through the following passages. How should you approach building your confidence?

[Ephesians 1:4 : 3:14-19](#)

[John 1:12](#)

[Psalm 139:14-17](#)

[Isaiah 43:4-7, 18](#)

[Psalm 34:5,8](#)