



Stylin'

Week 1 - Kind

Discussion Guide

Culture says that we should constantly be paying attention to style. What's hot and what's not are always being discussed. It may surprise you to know that Jesus also cares about our style. However, God says our style has less to do with what's on the outside and more to do with what's on the inside of us. He points out that certain character styles are harmful, counterproductive, or obsolete—and provides better options and responses so that we are able to clothe ourselves in His style.

Jump Start

1. What is something you used to wear, but might be embarrassed to wear in public now?
2. **Read Ecclesiastes 7:9 and James 1:19-20.** We can learn a lot from our anger. Whenever we are angry, we need to assess the situation and use it as an opportunity to put on kindness. Describe a situation where you acted out of anger. Are you pleased with your actions and the outcome? How can the wisdom in these verses help you the next time you are angered?
3. *Compassion is being willing to stop.* In this world of notifications, calendar alerts, and apps alerting us to estimated arrival times, it seems that nothing short of disaster makes us slow down. But that's not God's plan. **Read 1 John 4:19-21 and Proverbs 3:28.** What is God's directive? When does He expect it to happen?
4. *Compassion means using my stuff.* **Read Isaiah 58:7, James 1:27, and Matthew 25:37-40.** Are you a naturally generous person, or do you struggle with sharing, especially with strangers? If you struggle, how do you overcome those tendencies to keep your own stuff for yourself? What are some specific actions God is asking of you?
5. Final Thought: As a group, make a plan to get involved. The Cove's Community Impact Day will be March 24th, with serving opportunities for every campus. There are over 450 one-day serving activities that you can sign up for as an individual, a family, or as a Life Group!

Deeper

6. **Read Isaiah 58:3-12.** Answer these questions.

a. What fast is God against? Why?

b. What actions does God really want from us?

c. What blessings will follow?

d. In your personal prayer time, speak to God. Listen to Him. Write down any direction you sense from this time.