



#Goals

Part 4 – Confidence Study Guide

One of the most important #goals for our relationships is to have confidence that we are doing the right things. In a way, it is the goal of knowing we are meeting the right #goals for others. We all have at least an underlying fear of falling short, but we don't have to live or feel this way. God's desire is that we have confidence.

1. Have you ever been worried you didn't "have what it takes" in a relationship? Feelings of inadequacy can be hard to talk about, but if you share them with your group, you may find that what you feel is more common than you previously thought.

“And this is the testimony, that God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life.” – 1 John 5:11-12 (ESV)

2. **Read 1 John 5:10-12, Ephesians 1:13 and 2 Corinthians 1:21-22.** How does the Holy Spirit give us confidence in our relationship with God? How can this confidence affect our relationships with others?
3. **Read 1 John 5:13-15 and John 16:24.** How does answered prayer help boost our confidence in our relationships with God and others?

“As we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.” – 2 Corinthians 4:18 (ESV)

4. **Read 2 Corinthians 4:16-18.** True confidence does not come from the belief that our relationships are making the right earthly difference, but that the way we are leading our family and friends is making an *eternal* difference. Talk about how you can have confidence in leading your family and friends to eternal goals.
5. What do you need to do to gain greater confidence that you are relating to your spouse correctly, raising your kids well, and being a good friend? Is there anything the group can do to help?