



# Sexpectations

## Part 1 – Sex With Soul

### Study Guide

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We all have expectations and understandings when it comes to sex: whether we are single, married, or have no interest in a relationship at all. The way we view sexual ethics is going to be informed by someone. We believe the Word of God should shape how we understand sexuality and not history, tradition, legislation, or culture. In this study we will look at the reality of sex being more than physical, and what it means for each of us.

*Leader Note: If you are a mixed-gender group, we would highly recommend separating into male and female groups for discussion. This will help foster honesty and minimize the possibility of inappropriate conversation.*

1. Do you find it awkward to talk about sex? Why or why not? Why *should* we talk about it?

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“Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a prostitute? Never!” 1 Corinthians 6:15 (ESV)

2. **Read 1 Corinthians 6:15-17.** There is a very clear picture here of the fact that sex is more than physical; it makes us members of another body. What evidence do you see in scripture and in your own life that sex is more than physical? How does sex demonstrate the “oneness” of a marriage relationship?
3. **Read 1 Corinthians 6:18.** What do you think it means that when we commit sexual sin it is a sin against our own body? How and why is sexual sin different from other sins?

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“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.”  
1 Corinthians 6:19-20 (ESV)

4. **Read 1 Corinthians 6:19-20.** Do you think about the fact that the Holy Spirit resides within you when you think about sexuality? How can an understanding of being the temple of God change how we approach sex?
  
5. What do you hope to get out of this series? Do you have healing that needs to happen in some area? Do you have questions you would like the answer for? Do you hope it will help you prepare for marriage or improve your marriage? Discuss and pray for these things.