



# Sexpectations

## Part 2 – Sex Outside Study Guide

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Our world is full of sexual images for eyes to see. From TV shows to websites and billboards, we are constantly bombarded by sexual innuendos and sex scenes. While the world says to do whatever makes you feel good, God tells us to run from sexual immorality. Sexual immorality creates baggage. It wrecks emotional havoc in our lives and in our relationships. In this study, we will discuss how we can flee from sexual immorality, break unhealthy habits, and honor God with our bodies.

1. The world's view of sex is not to flee it, but to embrace it. Why do we seem to tiptoe up to the line when it comes to sexuality instead of staying as far away as possible? Has this been your story?

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“Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.”

1 Corinthians 6:18 (ESV)

2. **Read 1 Corinthians 6:18-20.** Paul tells us to run from sexual immorality, but the big question is, “What counts as sexual immorality?” How would you define sexual immorality and how does that align with the definition we gave this weekend in the message? Discuss how specific examples could be run through this filter.
3. **Read 1 Thessalonians 4:1-8.** Why should we fight for sexual purity in our lives? How do our actions AND thoughts effect people around us? What can we do to “flee” sexual immorality?
4. Habits are hard to break. The habits we form now will carry through into our relationships later. Are there some habits you'd like to change or need to break? How can you change these?

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“For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor,” 1 Thessalonians 4:3-4 (ESV)

5. Why is being honest and real about struggles with sexual sin so important? How can we become better at creating a safe place for people to be open about their struggles with sexual sin?