

The foundation of our relationship with God boils down to one thing: *Trust*. However, whether we realize it or not, we tend to place our trust in the creation, rather than the Creator. For some reason, our trust migrates easily away from God and rests in other things. In this discussion, we will talk about where we put our trust, who we listen to, and how our future is influenced by today's choices.

1. How would you define the word "Trust?" What are some everyday examples of things you trust?
2. **Read Proverbs 3:5-6.** What is it about God that is hard to trust sometimes? Why does our trust in God erode so easily?
3. From day to day, how much does God influence your decisions? How can you tell?
4. How does **what** you trust in today impact **who** you are tomorrow? Explain.
5. **Read Romans 12:1-2.** What helps you "fix your attention" on God each day? Share some specific creative ideas on how to turn down the volume of life in order to hear God more clearly this week.